



Ekaterina A. Burina, PhD

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EDUCATION

PhD: Clinical Psychology

St. Petersburg State University – St. Petersburg, Russia

Specialist: Clinical Psychology

St. Petersburg State University – St. Petersburg, Russia

Extra Qualification: Translator of English Language in Professional Communication

St. Petersburg State University – St. Petersburg, Russia

TEACHING EXPERIENCE

Invited Professor

Department of Sociology, St. Petersburg School of Social Sciences and Oriental Studies,
Higher School of Economics, Russia (2025 – present)

Associate Professor

College of Humanities, Clinical Psychology Department, Effat University, Saudi Arabia (2025 – present)

Associate Professor

Department of Medicine, St. Petersburg University in Cairo, Egypt (2023-2024)

Visiting Lecturer

Department of Sociology, St. Petersburg School of Social Sciences and Oriental Studies,
Higher School of Economics, Russia (2022-2024)

Associate Professor

Department of Medical Psychology and Psychophysiology,
St. Petersburg State University, Russia (2019-2025)

Teacher of Psychology in English

London Gates Education Group, Russia (2017-2018)

Teacher of English, Camp Leader

English Camp for Children «Haglar», Russia (2014-2016)

Senior Lecturer

Department of Medical Psychology and Psychophysiology,
St. Petersburg State University, Russia (2013-2019)



Teacher of English

Faculty of Philology and Arts, St. Petersburg State University, Russia (2007-2009)

Tutor of English

Private Practice (2005-2012)

RESEARCH EXPERIENCE

Research Project Coordinator

The University of Oklahoma Health Sciences Center, USA (2009-2013)

PUBLICATIONS

Total number: 161

1. Burina E., Marianian A., Moshkivskaya V. FAS prevention awareness in women with assisted reproductive technology pregnancy. Proceedings of 46th Annual RSA Scientific Meeting, Bellevue, Washington, June 24-28, 2023. P. 185.
2. Isurina G.L., Burina E.A., Grandilevskaya I.V. Brief intervention aimed at fetal alcohol syndrome prevention: Effectiveness study. Archives of Psychiatry and Psychotherapy. T. 23, № 2, 2021, p. 38-42.
3. Darina A. Burina, Ekaterina A. Burina. Mental health and psychological support in areas affected by conflict: review of programs in the Chechen Republic, Archives of Psychiatry and Psychotherapy, 2016; 3: 40-47.
4. Piotr K. Trabczynski. Psychological Center as a Foundation for the Practical Training of Clinical psychologists at the Saint Petersburg State University, Archives of Psychiatry and Psychotherapy, 2015; 4: 92-96.

PRESENTATIONS

Total number of presentations: 118

Total number of conferences and other scientific events: 114

1. 46th Annual RSA Scientific Meeting, Bellevue, Washington, USA, June 24-28, 2023.
2. XVI European Congress of Psychology (ECP-2019), Moscow, Russia, July 2-5, 2019.
3. 19th World Congress of International Society for Biomedical Research on Alcoholism (ISBRA 2018), Kyoto, Japan, September 9-13, 2018.
4. World Congress on Alcohol and Alcoholism, ISBRA/ESBRA, Berlin, Germany, 2-5 September 2016.



GRANTS AND FELLOWSHIPS

1. Enhancing Socialization in Autistic Children Through VR-Based Social Skills Training – A Pilot Study. Effat University № S2025-(17)-21. PI: Wizra Saeed (2025-2026)
2. Psychological readiness for motherhood as a factor contributing to health-saving behavior of women pregnant as a result of assisted reproductive technologies. RFBR № 20-013-00759. PI: Ekaterina A. Burina (2020-2022)
3. Distress features in pregnant women and effectiveness of its psychological correction. RFBR № 19-013-00417a. PI: Valentin A. Ababkov (2019-2021)
4. Psychological factors of quality of life in patients with bone tumor. RFBR № 17-36-00011a1. PI: Olga Yu. Schelkova (2017-2018)
5. Comprehensive long-term program for the prevention of socially significant diseases: psychological and medical bases of development and evaluation of effectiveness. RFBR № 15-06-10506a. PI: Alla V. Shaboltas (2015-2017)
6. Collaborative biosocial research on HIV risk and prevention in women. NIH № 998X-14-60524-1. PIs: Tatiana N. Balachova, Alla V. Shaboltas (2014-2016)
7. International study of sociobiological factors of the spread and prevention of HIV infection among women. RFBR № 13-06-91444\13. PI: Alla V. Shaboltas (2013-2014)
8. Prevention of FAS / FASD in Russian children / Fundamentals of comprehensive prevention of HIV infection in women. RFBR and NIH № 12-06-91444-НИЗ_a. PIs: Tatiana N. Balachova, Alla V. Shaboltas (2012-2013)
9. Psychodiagnostics of social adaptation of people with limited cognitive abilities. RFBR № 11-06-01096a. PI: Olga Yu. Schelkova (2011-2013)
10. Prevention of FASD in Russian Children. NIH and Fogarty International Center № R01AA016234. PI: Tatiana N. Balachova (2007-2013)
11. Individual experience of life «acquisitions»: psychological mechanisms of restructuring the semantic picture of life events, diagnostics of constructiveness of changes. President grant for young scientists № MK-828.2009.6. PI: Yulia V. Zamanaeva (2009)
12. World outlook features of people coping with sudden loss. Governmental grant for supporting diploma projects № 1.8/28-04/009. PI: Ekaterina A. Burina (2009)

THESIS SUPERVISIONS

More than 55 specialist theses, 4 master theses, 1 PhD dissertation in Clinical Psychology

EXPERT & PROFESSIONAL MEMBERSHIPS

2026 Psi Chi – The International Honor Society in Psychology – Member

2025 Institute of Professional Psychology, Bahria University, Karachi Campus, Pakistan – Foreign Evaluator of PhD Thesis

2025 Editorial Board of the Journal “PhysioPlus Health & Wellness” – Member



2025 Bahria Journal of Professional Psychology – Reviewer

2025 Editorial Board of the Journal “Vestnik of Saint Petersburg State University. Psychology” – Editor, Member

2025 Scientific Commission in the Field of Psychological Sciences at Saint Petersburg State University – External Member

2025 Coordination Council of Saint Petersburg Psychological Society – Member

2024 Frontiers Journal (Frontiers in Psychology, Frontiers in Psychiatry) – Reviewer

2023 Coordination Council at the Federal State Budgetary Scientific Institution National Center for the Prevention of Alcohol Use and the Development of Fetal Alcohol Syndrome (FAS) – Member

2020 Ethical Committee of Saint Petersburg Psychological Society – Member

2016 International Society for Biomedical Research on Alcoholism (ISBRA) – Member

2016 American Psychological Association (APA) – International Member

2015 Russian Psychological Association – Member

2015 Saint Petersburg Psychological Society – Member

RELEVANT SKILLS

Teaching

Psychological counselling

Curriculum design

Psychological interventions

Academic advising

Psychodiagnostics

Academic writing

Professional supervision

Manuscript review

Scientific supervision

Research design

English-Russian translation

Data collection and organization

Ethics in research

Data analysis and interpretation

Ethics in psychological practice

Thesis evaluation

Multicultural communication